

1 **SARS-CoV-2-specific T cell memory is long-lasting in the majority of**  
2 **convalescent COVID-19 individuals**

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4 Ziwei Li<sup>1,3\*</sup>, Jing Liu<sup>1,3\*</sup>, Hui Deng<sup>1,3\*</sup>, Xuecheng Yang<sup>1,3</sup>, Hua Wang<sup>1</sup>, Xuemei  
5 Feng<sup>1,3</sup>, Gennadiy Zelinsky<sup>2,3</sup>, Mirko Trilling<sup>2,3</sup>, Kathrin Sutter<sup>2,3</sup>, Mengji Lu<sup>2,3</sup>, Ulf  
6 Dittmer<sup>2,3</sup>, Baoju Wang<sup>1,3</sup>, Dongliang Yang<sup>1,3#</sup>, Xin Zheng<sup>1,3#</sup>, Jia Liu<sup>1,3#</sup>

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8 <sup>1</sup> *Department of Infectious Diseases, Union Hospital, Tongji Medical College,*  
9 *Huazhong University of Science and Technology, Wuhan 430022, China*

10 <sup>2</sup> *Institute for Virology, University Hospital of Essen, University of Duisburg-Essen,*  
11 *Essen 45147, Germany*

12 <sup>3</sup> *Joint International Laboratory of Infection and Immunity, Huazhong University of*  
13 *Science and Technology, Wuhan 430022, China*

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16 \* # These authors contributed equally to this work.

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18 **Correspondence to:**

19 Prof. Dr. Jia Liu

20 E-mail: [jialiu77@hust.edu.cn](mailto:jialiu77@hust.edu.cn)

21 Tel: +86 186 96159826

22 Department of Infectious Diseases, Union Hospital, Tongji Medical College,

23 Huazhong University of Science and Technology, Wuhan 430022, China

24

25 **ABSTRACT**

26 An unaddressed key question in the current *coronavirus disease 2019* (COVID-19)  
27 pandemic is the duration of immunity for which specific T cell responses against the  
28 *severe acute respiratory syndrome coronavirus 2* (SARS-CoV-2) are an indispensable  
29 element. Being situated in Wuhan where the pandemic initiated enables us to conduct  
30 the longest analyses of memory T cell responses against SARS-CoV-2 in COVID-19  
31 convalescent individuals (CIs). Magnitude and breadth of SARS-CoV-2 memory CD4  
32 and CD8 T cell responses were heterogeneous between patients but robust responses  
33 could be detected up to 9 months post disease onset in most CIs. Loss of memory  
34 CD4 and CD8 T cell responses were observed in only 16.13% and 25.81% of CIs,  
35 respectively. Thus, the overall magnitude and breadth of memory CD4 and CD8 T cell  
36 responses were quite stable and not inversely correlated with the time from disease  
37 onset. Interestingly, the only significant decrease in the response was found for  
38 memory CD4 T cells in the first 6-month post COVID-19 disease onset. Longitudinal  
39 analyses revealed that the kinetics of SARS-CoV-2 memory CD4 and CD8 T cell  
40 responses were quite heterogeneous between patients. Loss of memory CD4 T cell  
41 responses was observed more frequently in asymptomatic cases than after  
42 symptomatic COVID-19. Interestingly, the few CIs in which SARS-CoV-2-specific  
43 IgG responses disappeared showed more durable memory CD4 T cell responses than  
44 CIs who remained IgG-positive for month. Collectively, we provide the first  
45 comprehensive characterization of the long-term memory T cell response in CIs,  
46 suggesting that SARS-CoV-2-specific T cell immunity is long-lasting in the majority  
47 of individuals.

## 48 **Introduction**

49 Antigen-specific T and B cell responses play fundamental roles in the clearance of  
50 most viral infections. Additionally, the establishment of T and B cell memory after  
51 recovery is essential for protecting the host against disease upon re-exposure. Faced  
52 by the unprecedented medical and socioeconomic crisis caused by severe acute  
53 respiratory syndrome coronavirus 2 (SARS-CoV-2) and the associated coronavirus  
54 disease 2019 (COVID-19), the scientific community has ignited tremendous efforts to  
55 map correlates of protection and determinants of immunity against SARS-CoV-2.  
56 While antibody-based immunity is relatively well-studied, increasing evidences  
57 suggest that T cells may play a fundamental role in the resolution of COVID-19 <sup>1,2</sup>.  
58 The current dogma is that SARS-CoV-2-specific CD4 and CD8 T cell responses,  
59 responding at variably high frequencies recognizing multiple epitopes across the viral  
60 proteome, can be detected in most individuals both during acute COVID-19 and  
61 convalescence afterwards <sup>3-8</sup>. The magnitude of SARS-CoV-2-specific T cell  
62 responses during the early phase is assumed to correlate with the magnitude of  
63 antibody responses, and more severe and protracted disease usually drives a more  
64 vigorous and, in terms of epitope coverage, broader T cell response <sup>5,7,8</sup>. However, it  
65 has also been observed that cellular and humoral immune responses can become  
66 uncoupled in some SARS-CoV-2-exposed individuals, who showed strong specific T  
67 cell immunity but lack detectable antibody responses <sup>9</sup>. It is assumed that this results  
68 from antibody responses waning more quickly than T cell responses <sup>10</sup> and that  
69 SARS-CoV-2-specific antibody responses are rather short-lived, while T cell memory

70 seems to be more durable <sup>10,11</sup>. However, all available data on analyzing T cell  
71 memory were mainly generated from individuals recovering from COVID-19 during a  
72 relatively short follow-up period the longest observation duration being less than 60  
73 days post disease onset (dpdo) <sup>5</sup>. To our knowledge, it is not yet known whether  
74 natural infections with SARS-CoV-2 generate long-lasting memory T cell responses  
75 and how memory T cell responses changes in a long-term post recovery.

76 Wuhan was the very first city hit by SARS-CoV-2. Accordingly, all patients who  
77 experienced the longest phase of convalescence following COVID-19 reside here or  
78 closeby. Wuhan also performed a thorough SARS-CoV-2 RNA test for every resident  
79 in May, 2020 to preclude the possibility of local spread of the virus ever since. This  
80 enabled us to characterize the long-term memory T cell responses in a cohort of  
81 COVID-19 convalescent individuals (CIs) with an unprecedented observation time up  
82 to 274 dpdo. Our results suggest that robust SARS-CoV-2 memory T cell responses  
83 can be detected in the majority of CIs long-term post recovery.

84 **Methods**

85 **Subjects**

86 Thirty-one convalescent individuals who resolved their SARS-CoV-2 infection and 11  
87 SARS-CoV-2-unexposed individuals (UIs) were recruited at the Department of  
88 Infectious Diseases, Union Hospital, Tongji Medical College, Huazhong University of  
89 Science and Technology and the Department of Gastroenterology from April to  
90 September 2020. The diagnosis of COVID-19 was based on the Guidelines for  
91 Diagnosis and Treatment of Corona Virus Disease 2019 issued by the National Health  
92 Commission of China (7<sup>th</sup> edition). Informed written consent was obtained from each  
93 patient and the study protocol was approved by the local medical ethics committee of  
94 Union Hospital, Tongji Medical College, Huazhong University of Science and  
95 Technology in accordance with the guidelines of the Declaration of Helsinki  
96 (2020IEC-J-587).

97

98 **Preparation of PBMCs**

99 Peripheral blood mononuclear cells (PBMCs) of SARS-CoV-2-unexposed individuals  
100 and patients were isolated using Ficoll density gradient centrifugation (DAKEWE  
101 Biotech, Beijing) and were rapidly assessed by flow cytometry analysis without  
102 intermittent cryo-preservation.

103

104 **Analysis of effector T cell responses**

105 Three pools of lyophilized peptides, consisting mainly of 15-mer sequences with 11  
106 amino acids (aa) overlap, either covering the immunodominant sequences of the

107 surface glycoprotein (S) or the complete sequences of the nucleocapsid  
108 phosphoprotein (N) or the membrane glycoprotein (M) of SARS-CoV-2 were used for  
109 cell stimulation (PepTivator® Peptide Pools, Miltenyi, Germany). On day 1, PBMCs  
110 were resuspended in complete medium (RPMI 1640 containing 10% [v/v] fetal calf  
111 serum, 100U/ml penicillin, 100µg/ml streptomycin, and 100µM  
112 4-[2-hydroxyethyl]-1-piperazine ethanesulfonic acid [HEPES] buffer), and stimulated  
113 with S, N or M peptide pools (10µg/ml) in the presence of anti-CD28 (1µg/ml; BD  
114 Biosciences, USA) and recombinant interleukin (IL)-2 (20U/ml; Hoffmann-La Roche,  
115 Italy). Cells without peptide stimulation and anti-CD3-stimulated (1µg/ml; BD  
116 Biosciences, USA) cells served as negative and positive controls, respectively. Fresh  
117 medium containing IL-2 was added on day 4 and 7. On day 10, cells were  
118 restimulated for 5 hours with the same peptide pool in the presence of brefeldin A  
119 (BD Biosciences, San Diego, CA). Cells were then tested for IFN-γ, IL-2, and TNF-α  
120 expression by intracellular cytokine staining. Specific cytokine responses were  
121 calculated by subtracting the background activation (the percentage of cytokine  
122 positive cells in the negative control) before further analysis. T cell responses were  
123 defined as detectable if the frequency in the specifically stimulated culture exceeded  
124 the unstimulated control at least twofold (stimulation index > 2). Samples with  
125 responseless positive controls were excluded from further analyses.

126

## 127 **Flow cytometry**

128 Surface and intracellular staining for flow cytometry analysis were performed as

129 described previously<sup>12,13</sup>. For surface staining, cells were incubated with relevant  
130 fluorochrome-labeled antibodies for 30 min at 4°C in the dark. For intracellular  
131 cytokine staining, cells were fixed and permeabilized using the Intracellular Fixation  
132 & Permeabilization Buffer Set (Invitrogen, USA) and stained with FITC-anti-IFN- $\gamma$ ,  
133 PE-anti-IL-2 and APC-anti-TNF- $\alpha$  (BD Biosciences, USA). Approximately 100,000  
134 PBMCs were acquired for each sample using a BD FACS Canto II flow cytometer.  
135 Data analysis was performed using the FlowJo software V10.0.7 (Tree Star, Ashland,  
136 OR, USA). Cell debris and dead cells were excluded from the analysis based on  
137 scatter signals and Fixable Viability Dye eFluor 506.

138

### 139 **Statistical Analysis**

140 Statistical analyses were performed using the SPSS statistical software package  
141 (version 22.0, SPSS Inc., Chicago, IL, USA). The Shapiro-Wilk method was used to  
142 test for normality. Mann-Whitney t-test, Pearson product-moment correlation  
143 coefficient and Fisher's exact test were used where appropriate. All reported P values  
144 were two-sided, and a P value less than 0.05 was considered statistically significant.

145

146 **Results**

147 *Characteristics of the study cohort*

148 To characterize SARS-CoV-2-specific memory CD4 and CD8 T cell responses in  
149 individuals who had recovered from COVID-19, blood samples derived from 31 CIs  
150 together with 11 UIs were assessed. The demographic profiles of all individuals are  
151 shown in Table 1. The median period between disease onset and blood sampling was  
152 169 days (range: 83 to 274 days). Among all COVID-19 cases, 56.67% (17/31) were  
153 hospitalized and 46.67% (14/31) received oxygen inhalation treatment. Leukopenia  
154 and lymphopenia were observed in 52.94% (9/17) and 76.47% (13/17) of tested cases,  
155 respectively. Increased C-reactive protein and IL-6 levels were apparent in 70.59%  
156 (12/17) and 85.71% (12/14) of tested patients, respectively. Abnormal radiological  
157 findings suggesting pneumonia were evident in 74.19% (23/31) CIs by chest  
158 computed tomography scans (CT). Sixteen CIs (51.61%) had positive RT-PCR results  
159 for viral RNA. All patients were confirmed anti-SARS-CoV-2 IgM and IgG  
160 seropositive. At the time of last blood sampling, 45.16% (14/31) were IgG single  
161 positive and 29.03% (9/31) were IgM and IgG double positive. Besides, 8 CIs who  
162 had become IgG seronegative were purposely recruited to study the interdependence  
163 of humoral and cellular immunity. The defining criteria for COVID-19 convalescence  
164 were as follows: being afebrile for more than 3 days, resolution of respiratory  
165 symptoms, substantial improvement of chest CT images, and two consecutive  
166 negative RT-qPCR tests for viral RNA in respiratory tract swab samples obtained at  
167 least 24 h apart. At the time of blood sampling, all CIs were negative for viral RNA

168 and had no medical conditions related to COVID-19.

169

170 ***Characterization of the long-term memory T cell response specific to SARS-CoV-2***

171 PBMCs of UIs and CIs were re-stimulated with 3 panels of overlapping peptides  
172 spanning the SARS-CoV-2 proteins S, N, and M, respectively, to determine memory T  
173 cell responses ex vivo. We used an intracellular cytokine staining flow cytometry  
174 assay (Fig. S1), and the magnitude of the overall cytokine responses [interferon  
175 (IFN)- $\gamma$ , interleukin (IL)-2, and tumor necrosis factor (TNF)- $\alpha$ ] for CD4 and CD8 T  
176 cells of all participants are shown in Fig. 1a. Besides, the magnitude and breadth (to  
177 how many peptide pools T cells responded) of the IFN- $\gamma$ , IL-2 or TNF- $\alpha$ -positive T  
178 cells are also shown individually in Fig. 1b and 1c. Consistent with previous reports  
179 <sup>4,6</sup>, a proportion of T cells weakly responded to SARS-CoV-2 peptides in UIs (both  
180 CD4 and CD8 T cells: 27.27%, 3/11), but with a much lower magnitude than those in  
181 CIs (Fig. 1a-1c). In general, memory T cell responses considerably varied in breadth  
182 and magnitude between individual CIs. The magnitudes of TNF- $\alpha$  responses against S,  
183 IFN- $\gamma$  or TNF- $\alpha$  responses against N, and IFN- $\gamma$  responses against M of CD4 and  
184 CD8 T cells were significantly positively correlated (Fig. 1d and S2). Memory CD4 T  
185 cell responses against a single, two or three peptide pools of the different proteins  
186 were detected in 6.45% (2/31), 19.35% (6/31), and 58.06% (18/31) of CIs,  
187 respectively (Fig. 1e). Memory CD8 T cell responses against a single, two or three  
188 peptide pools of the different proteins were detected in 29.03% (9/31), 16.13% (5/31),  
189 and 29.03% (9/31) of CIs, respectively (Fig. 1f). Interestingly, 16.13% (5/31 for CD4)

190 and 25.81% (8/31 for CD8) of CIs did not exhibit memory T cell responses against  
191 the three viral proteins (Fig. 1e and 1f). There were only 9.68% (3/31) of CIs who  
192 showed no any detectable memory T cell responses against the three proteins for both  
193 CD4 and CD8 T cells. Taken together, while the vast majority of CIs had clearly  
194 measurable T cell responses against SARS-CoV-2, the data also shows substantial  
195 individuality in SARS-CoV-2 memory T cell responses.

196

197 Next, we analyzed the correlation between the magnitude and breadth of the overall  
198 SARS-CoV-2 memory T cell responses and the time after disease onset. The CIs were  
199 studied up to 9 month after disease onset and we combined the data from all patients  
200 for the analysis. In addition, we separately analyzed two different time periods after  
201 COVID-19, the first 6 month and the following 3 months for changes in memory T  
202 cell responses. For CD4 T cells, the magnitude and breadth of SARS-CoV-2 memory  
203 responses against S, N or M showed no significant correlation with days post disease  
204 onset (dpdo) (Fig. 2a), suggesting that the CD4 T cell response was relatively stable  
205 over time. Interestingly, however, during the first 180 dpdo a significant inverse  
206 correlation between the magnitude of the memory CD4 T cell response against S and  
207 dpdo was observed ( $r^2=0.480$ ,  $P=0.003$ , Fig. 2b). In contrast, during the late  
208 convalescent phase between 6 and 9 month after COVID-19 the magnitude of  
209 memory CD4 T cell responses against S ( $r^2=0.327$ ,  $P=0.041$ ) and N ( $r^2=0.328$ ,  
210  $P=0.041$ ) was positively correlated with dpdo (Fig. 2c). For CD8 T cells, the  
211 magnitude and breadth of SARS-CoV-2 memory responses against S, N or M did also

212 not show a significant correlation with dpdo (Fig. 2e). In contrast to CD4 T cells, CD8  
213 T cells did not show a biphasic response during the two different time phases after  
214 COVID-19 (Fig. 2d-2f). No significant changes in the magnitude or breadth of the CD8  
215 T cell response to any of the SARS-CoV-2 proteins was observed in the early or late  
216 phase, with the only exception that a positive correlation between the breadth of  
217 memory CD8 T cell responses and dpdo after 180 days was observed ( $r^2=0.311$ ,  
218  $P=0.048$ , Fig. 2f).

219 These results indicated that the overall SARS-CoV-2 memory CD4 and CD8 T cell  
220 responses were long-lasting. However, for memory CD4 T cells a decline in the  
221 magnitude of the response was observed during the early recovery phase which was  
222 reversed in the following months, highlighting the need for long-term follow up  
223 studies such as this.

224

225 To further characterize the kinetics of SARS-CoV-2 memory T cell responses, the  
226 magnitude of T cell responses were longitudinally examined in more detail in 4  
227 individual CIs. Strong and broad CD4 (in all 4 individuals) and CD8 (3 out of 4  
228 individuals) T cell responses against S, N, and M were detected at the first sampling  
229 time point (83-127 dpdo, Fig. 3a-3d). In 2 out of 4 individuals, a decrease in the  
230 magnitude of both SARS-CoV-2 memory CD4 and CD8 T cell responses was  
231 observed on 147 dpdo and 214 dpdo, respectively (Fig. 3a and 3b), which was most  
232 pronounced for the response against the S peptide pool. In contrast, one individual  
233 showed sustained SARS-CoV-2 memory CD4 and CD8 T cell responses over time

234 (Fig. 3c), whereas another individual also showed sustained SARS-CoV-2 memory  
235 CD4 T cell responses but a strong increase in S-, N-, and M-specific memory CD8 T  
236 cell responses, which were undetectable at the early time point in this individual, (Fig.  
237 3d).

238

239 Taken together, these results suggested that long-term memory T cell responses to  
240 SARS-CoV-2 are quite patient-specific and heterogeneous, and may even fluctuate  
241 over time in individuals.

242

243 ***Correlation between the long-term memory T cell response to SARS-CoV-2 and***  
244 ***disease severity***

245 Next, we examined the differences in the magnitude and breadth of memory CD4 and  
246 CD8 T cell responses in CIs according to their different degrees of COVID-19  
247 severity. CIs were stratified according to the severity of disease into asymptomatic  
248 (ACs: 19.35%, 6/31), moderate (MCs: 61.29%, 19/31), and severe COVID-19 cases  
249 (SCs: 19.35%, 6/31). No significant difference in the age between the symptomatic  
250 and asymptomatic cases was observed. In general, the magnitude of SARS-CoV-2  
251 memory T cell responses against S, N or M, either for the overall or individual  
252 cytokine production, were lower in ACs than in MCs and SCs, but the differences  
253 were not statistically significant (Fig. 4a, 4b and S3). Also no significant correlations  
254 were observed between the magnitude of SARS-CoV-2 memory T cell responses and  
255 clinical parameters indicating disease severity, including white blood cell and

256 lymphocyte numbers, IL-6, C-reactive protein, D-dimer, lactate dehydrogenase  
257 (LDH), alanine aminotransferase (ALT), aspartate aminotransferase (AST), total  
258 bilirubin, serum creatinine, fibrinogen (FIB), and blood urea nitrogen levels (Fig. S4).  
259 However, memory CD4 T cell responses against S, N, and M became undetectable in  
260 50% (3/6) of ACs, but only in 5.26% (1/19) of MCs (P=0.031, Fig. 4a). Memory CD8  
261 T cell responses against S, N, and M became undetectable in 50% (3/6) of ACs, but  
262 only in 21.05% (4/19) of MCs and 16.67% (1/6) of SCs, respectively (Fig. 4b). No  
263 AC showed memory CD8 T cell responses against multiple peptide pools, while 52.63%  
264 (10/19) of MCs and 66.67 (4/6) of SCs showed memory CD8 T cell responses to at  
265 least 2 different peptide pools (Fig. 4b).

266

267 Elderly people are predisposed to develop severe COVID-19 and mortality increases  
268 dramatically with age <sup>14</sup>. We have previously shown that the cytotoxic CD8 T cell  
269 response is impaired in elderly COVID-19 patients <sup>15</sup>. Next, we analyzed correlations  
270 between the magnitude and breadth of memory CD4 and CD8 T cell responses and  
271 age in CIs. We observed that the breadth, but not the magnitude of memory CD4 T  
272 cell responses was inversely correlated with the age of CIs ( $r^2=0.162$ , P=0.016, Fig.  
273 5a). No significant correlation between the magnitude and breadth of memory CD8 T  
274 cell responses and the age of CIs were observed (Fig. 5b).

275

276 *CD4 memory T cell responses in individuals who lost their IgG response to*  
277 *SARS-CoV-2*

278 During the acute phase of COVID-19, T cell responses positively correlated with the  
279 magnitude of antibody responses<sup>5,7,8</sup>. However, to our knowledge it is not clear  
280 whether this association is maintained during the long-term convalescence. To this  
281 end, we compared memory T cell responses and antibody responses in CIs from 83 to  
282 274 dpdo. As shown in Fig. S5, the magnitude of memory CD4 and CD8 T cell  
283 responses against S and N showed no significant correlation with the titers of  
284 corresponding IgG against S and N. Form our large convalescent out-patient cohort  
285 very few patients lose their SARS-COV-2-specific IgG responses over time. We were  
286 interested if those patients still kept their memory T cells. We therefore selected 8  
287 IgG-seronegative CIs and compared them to 23 seropositive CIs. At the time point of  
288 last sampling the age of the IgG-seronegative CIs was significantly lower, and the  
289 dpdo was significantly higher, than those of the 23 IgG-seropositive CIs (Fig. S6a). To  
290 overcome this bias, we compared the magnitude and breadth of memory T cell  
291 responses of IgG-seronegative CIs with 7 selected IgG-seropositive CIs with  
292 comparable age and dpdo (Fig. S6b). Interestingly, memory CD4 T cell responses  
293 against N and M were significantly higher in IgG-seronegative CIs than those in  
294 IgG-seropositive CIs (Fig. 6a). A tendency of increased memory CD4 T cell response  
295 against S in IgG-seronegative CIs was also observed, although the difference  
296 remained close to the borderline of statistical significance ( $P=0.052$ , Fig. 6a). All  
297 IgG-seronegative CIs showed memory CD4 T cell responses to at least 2 peptide  
298 pools, while 28.57% IgG-seropositive CIs showed no memory CD4 T cell responses  
299 to S, N or M (Fig. 6b). In contrast to CD4 T cells, no significant differences in the

300 magnitude and breadth of memory CD8 T cell responses between the  
301 IgG-seronegative and -seropositive CIs were observed (Fig. 6c and 6d), indicating  
302 that CD8 T cells seem to be less correlated with humoral immune responses as  
303 compared to CD4 T cells.

304

## 305 **Discussion**

306 One of the most important and challenging questions facing medicine today concerns  
307 the extent to which immunity develops and persists following COVID-19. Previous  
308 studies suggest that the persistence of protective immunity against different  
309 coronaviruses varies significantly, since those against seasonal coronavirus are  
310 short-lived <sup>16</sup> while those against SARS and *middle east respiratory syndrome*  
311 *coronavirus* (MERS) are described to last longer <sup>6,17,18</sup>. Recent studies have  
312 demonstrated that macaques infected with SARS-CoV-2 are resistant to reinfection  
313 with the same virus isolate following recovery from their initial infection, suggesting  
314 the cellular and/or humoral immunity facilitated by the primary infection might have  
315 protected the same nonhuman primates against secondary encounters <sup>19,20</sup>. However,  
316 in both studies, reinfections with SARS-CoV-2 were carried out within a relative short  
317 time window (4 and 5 weeks after the primary infection). In contrast to the  
318 observation in the macaque model, there are some reports demonstrating the principle  
319 possibility of reinfections with SARS-CoV-2 in humans <sup>21-24</sup>. It has been suggested  
320 that the lifespan of the humoral response following SARS-CoV-2 infection is  
321 relatively short, especially in mild and asymptomatic cases <sup>25</sup>. Some believe that

322 although SARS-CoV-2 infection may blunt long-lived antibody responses, immune  
323 memory might still be achieved through virus-specific memory T cell responses <sup>2</sup>,  
324 which have been detected in most recently recovered individuals, including  
325 asymptomatic cases and those with undetectable antibody responses <sup>9</sup>. Here we  
326 provide, to our knowledge, the first characterization of long-term memory T cell  
327 responses in a cohort of COVID-19 convalescent individuals up to 9 months  
328 following primary SARS-CoV-2 infection. We show that the magnitude and breadth  
329 of long-term memory T cell responses to SARS-CoV-2 are heterogeneous. While the  
330 majority of CIs demonstrate strong and broad memory T cell responses up to 9  
331 months post disease onset, some individuals have lost their T cell responses against  
332 the studied antigens within half a year. The magnitude of SARS-CoV-2 memory CD4  
333 T cell response is inversely correlated with the time that had elapsed from disease  
334 onset within 180 days, suggesting SARS-CoV-2 memory CD4 T cell response may  
335 wane over time at the early months following primary SARS-CoV-2 infection.  
336 Intriguingly, half of the asymptomatic cases have lost their memory CD4 and CD8 T  
337 cell responses, suggesting the memory T cell responses might be less durable in  
338 asymptomatic cases than in symptomatic cases. The breadth of memory CD4 T cell  
339 responses were inversely correlated with the age of the patients, suggesting the  
340 memory T cell responses might also be less durable in elderly individuals. Moreover,  
341 the kinetics of memory T cell responses are heterogeneous in the herein examined CIs,  
342 while some show a sharp decline of memory T cell responses over time, others show  
343 rather sustained or even increasing memory T cell responses. Our data document a

344 durability of cellular immunity against SARS-CoV-2, however, for a fraction of  
345 elderly individuals with asymptomatic infections a considerable waning of cellular  
346 immunity may occur. Our results also suggest that the intensity of SARS-CoV-2  
347 memory T cell responses detected in peripheral blood may fluctuate over time in CIs,  
348 which is unlikely to be caused by reexposure to SARS-CoV-2, since the the  
349 possibility of local spread of the virus in Wuhan and nearby area has been precluded  
350 by the thorough SARS-CoV-2 RNA test conducted in May for every resident. Future  
351 studies are needed to closely monitor the SARS-CoV-2 memory T cell responses to  
352 address how the intensities of these responses are regulated in CIs.

353

354 Different from the observation during and shortly after the acute phase of  
355 SARS-CoV-2 infection <sup>5,7,8</sup>, we observe that the magnitudes of long-term  
356 SARS-CoV-2-specific cellular and humoral responses are not positively correlated  
357 with each other. In contrast, IgG-seronegative CIs demonstrate even stronger  
358 SARS-CoV-2-specific memory CD4 T cell responses than IgG-seropositive CIs. A  
359 recent study started to investigate the possible mechanisms of short-lived antibody  
360 responses observed in COVID-19 patients and has reported that germinal centers in  
361 secondary lymphoid organs were largely absent during the acute phase of COVID-19  
362 <sup>26</sup>. The authors speculate that the absence of germinal centers is a result of abundant  
363 Th1 cell responses and aberrant extra-follicular TNF- $\alpha$  accumulation <sup>26</sup>. Consistently,  
364 our current observation, that CIs with short-lived antibody responses demonstrate an  
365 increased magnitude of SARS-CoV-2-specific CD4 T cell responses, provides the first

366 evidence that the above-mentioned effect may extent to a far longer period in the  
367 convalescent phase of COVID-19. Although it remains unclear which arms of the  
368 adaptive immune response are responsible for protection against SARS-CoV-2  
369 infection, our data demonstrate that CIs may possess at least one arm of the adaptive  
370 immune response against SARS-CoV-2 long-term post recovery. Further  
371 characterization of the protective roles as well as the interaction of cellular and  
372 humoral immune responses against SARS-CoV-2 has significant implications for  
373 vaccine development and application especially in terms of the need for booster  
374 vaccinations.

375

376 Taken together, we provide the first comprehensive characterization of the long-term  
377 memory T cell responses against SARS-CoV-2, suggesting that the  
378 SARS-CoV-2-specific T cell immunity is sustained in the majority of CIs up to 9  
379 months post infection. The observation that convalescent individuals turning  
380 IgG-seronegative generated robust and sustained memory T cell responses further  
381 suggests that natural infection could prevent recurrent episodes of severe COVID-19.

382

383

384 **Conflict-of-interest disclosure**

385 The authors declare no relevant conflict of interest.

386

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396

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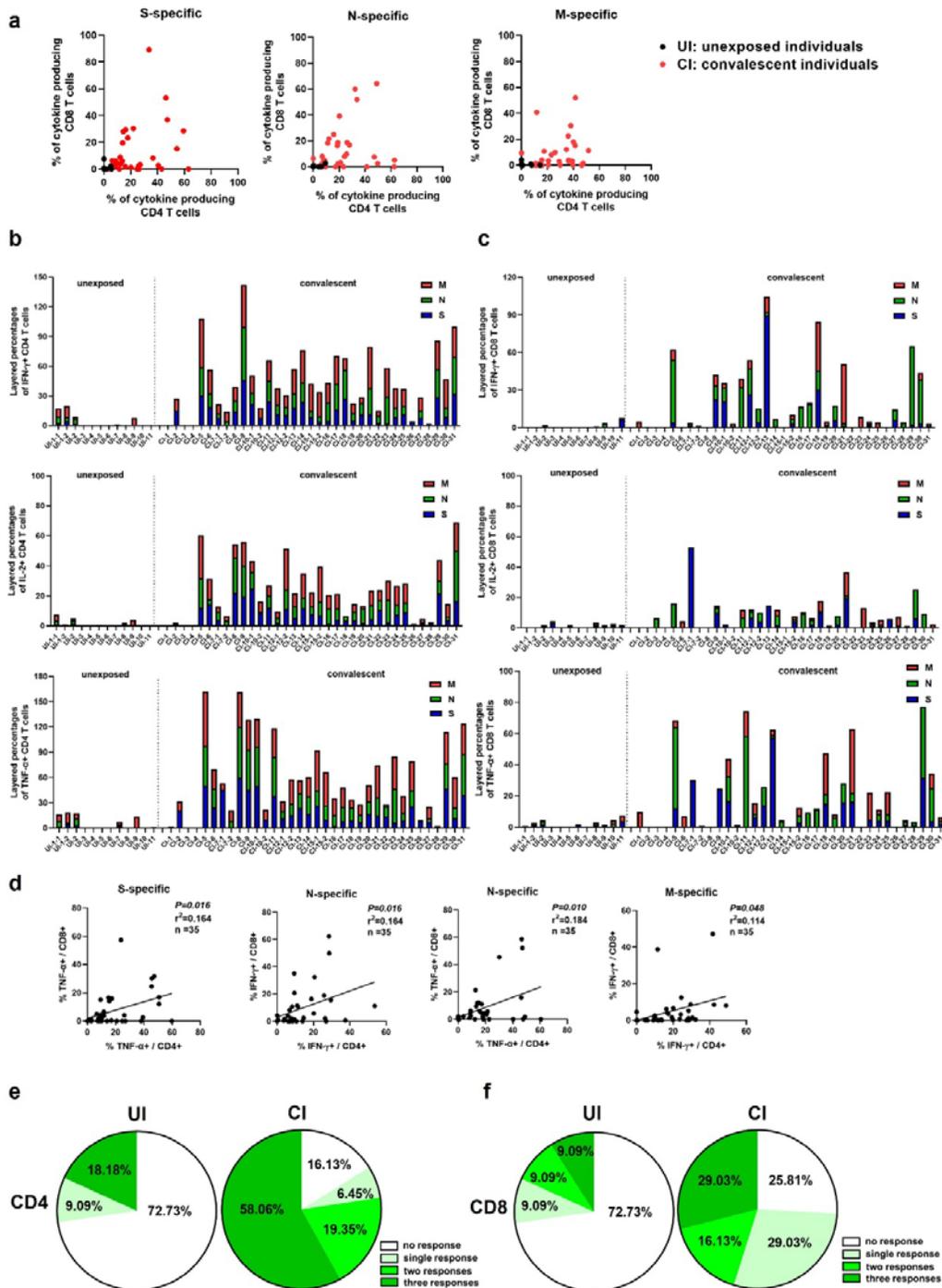
454 **Table 1. Baseline characteristics of the Chinese cohort.**

Parameter	Unexposed individuals	Convalescent Individuals
<b>n</b>	11	31
<b>Gender (M/F)</b>	3/8	3/28
<b>Age</b>	30.5	44.1
<b>Asymptomatic cases %</b>	/	19.35% (6/31)
<b>Mild cases %</b>		61.29% (19/31)
<b>Severe cases %</b>	/	19.35% (6/31)
<b>Days from onset</b>		169 (83-274)
<b>Days from recovery</b>	/	151 (42-249)
<b>Clinical parameters</b>		
Fever %	/	64.52% (20/31)
Respiratory symptoms %	/	58.06% (18/31)
Hospitalized %	/	56.67% (17/31)
Oxygen therapy %	/	46.67% (14/31)
<b>Laboratory parameters</b>		
Leukopenia %	/	52.94% (9/17)
Lymphopenia %	/	76.47% (13/17)
Increased CRP %	/	70.59% (12/17)
Increased ferritin %	/	40.00% (4/10)
Increased LDH %	/	40.00% (6/15)
Abnormal liver function %	/	53.33% (8/15)
Abnormal renal function %	/	0 (0/15)
Increased CK %	/	20.00% (3/15)
Abnormal blood coagulation %	/	6.67% (1/15)
Increased IL-6 %	/	85.71% (12/14)
<b>CT scan</b>		
Normal %	/	25.81% (8/31)
Viral pneumonia %	/	74.19% (23/31)
<b>Virological markers</b>		
RNA positive %	/	51.61% (16/31)
IgG single positive %	/	45.16% (14/31)
IgM & IgG positive %	/	29.03% (9/31)
IgG negative %	/	25.81% (8/31)

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457 **Figures**



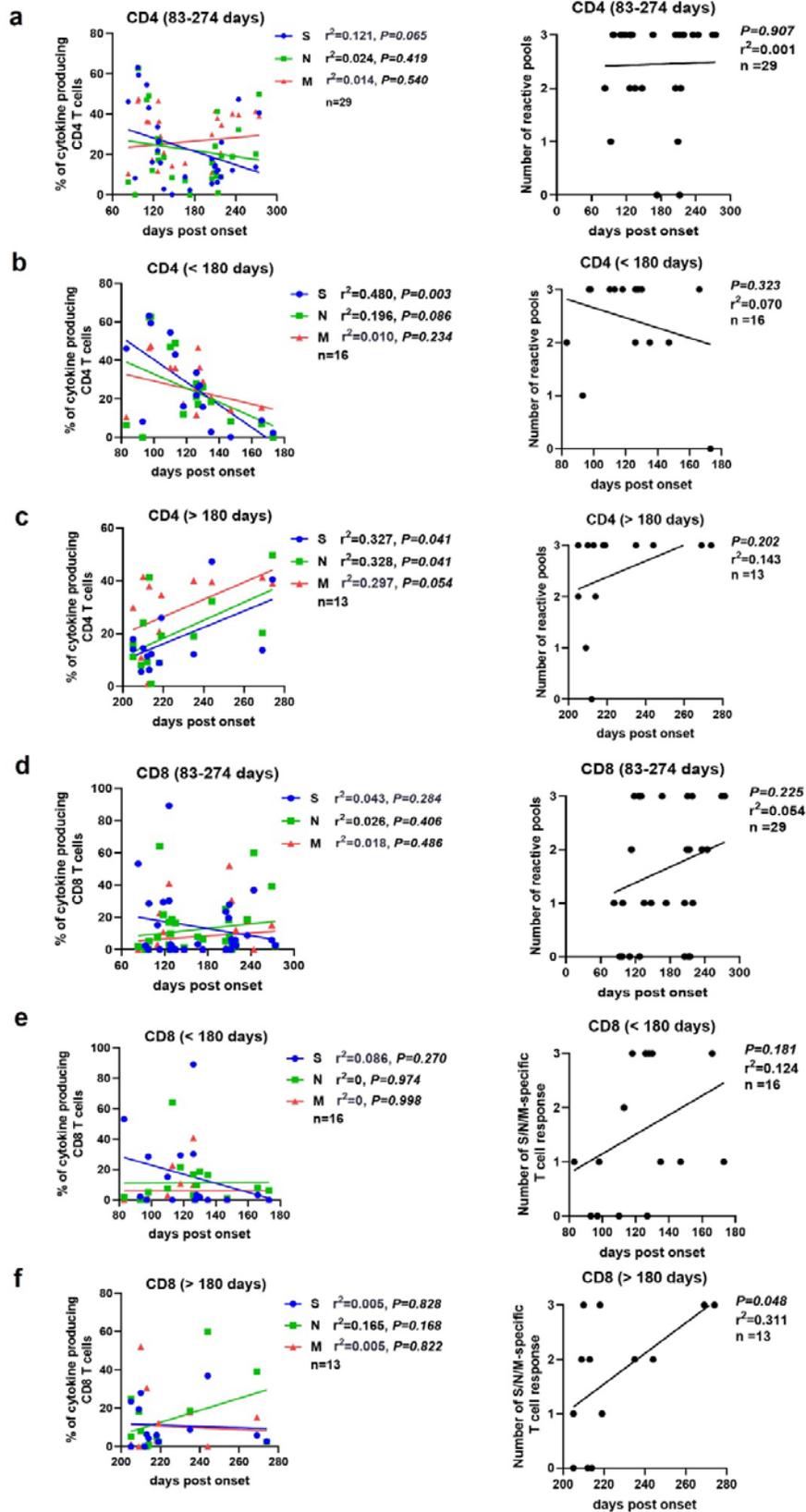
458

459 **Figure 1. The magnitude and breadth of long-term SARS-CoV-2 memory T cell**

460 **responses are heterogeneous in COVID-19 convalescent individuals. PBMCs of**

461 **SARS-CoV-2-unexposed individuals (UI) and COVID-19 convalescent individuals**

462 (CI) were tested for responses to 3 panels of overlapping peptides spanning the  
463 SARS-CoV-2 S, N, and M, respectively, using intracellular cytokine staining flow  
464 cytometry assay. (a) The magnitude of overall cytokine responses of CD4 and CD8 T  
465 cells against S, N, and M of SARS-CoV-2 of all participants are shown. (b and c) The  
466 magnitude of IFN- $\gamma$ , IL-2, and TNF- $\alpha$  responses of CD4 and CD8 T cells specific to S,  
467 N, and M of SARS-CoV-2 of all participants are also shown individually. Each  
468 colored segment represents the source protein corresponding to peptide pools eliciting  
469 T cell responses. Bars superimpose percentages of separate T cell culture experiments  
470 individually stimulated with indicated antigens. (d) The correlations between the  
471 magnitudes of memory CD4 and CD8 T cell responses, as represented by indicated  
472 cytokine production, are shown (Pearson product-moment correlation coefficient). (e  
473 and f) Breadth of T cell responses of UI and CI. The breadth of T cell responses was  
474 calculated by the number of reactive peptide pools of S, N, and M. S: surface  
475 glycoprotein; N: nucleocapsid phosphoprotein; M: membrane glycoprotein; IFN:  
476 interferon; IL: interleukin; TNF: tumor necrosis factor.

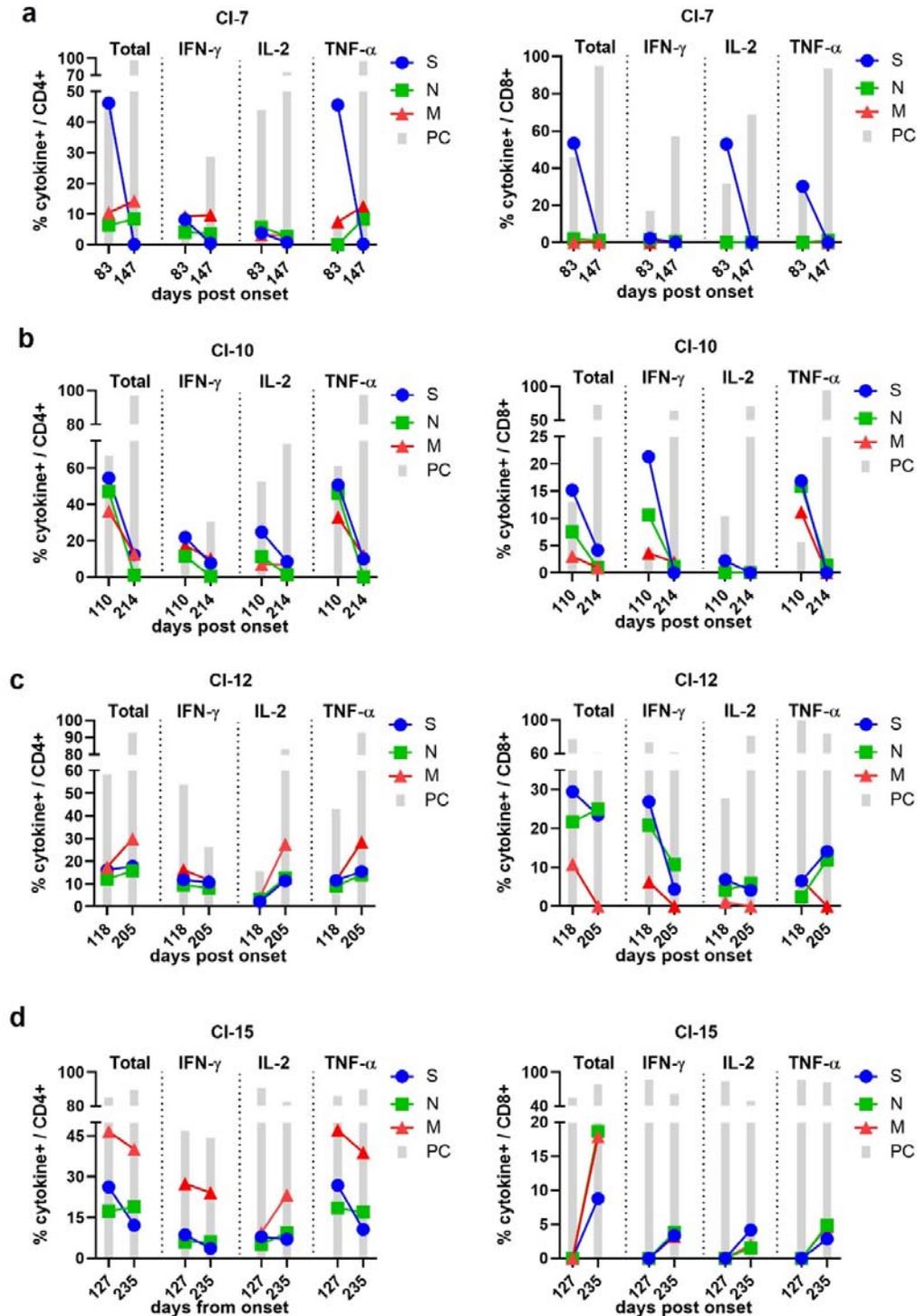


477

478 **Figure 2. Correlation between the magnitude of SARS-CoV-2 memory T cell**

25

479 **responses and the time that had elapsed from disease onset.** The correlation  
480 between the magnitude of memory CD4 T cell responses specific to S, N and M and  
481 days post disease onset up to 274 days (a), within 180 days (b) and over 180 days (c)  
482 are shown. The correlation between the magnitude of memory CD8 T cell responses  
483 specific to S, N and M and days post disease onset up to 274 days (d), within 180 days  
484 (e) and over 180 days (f) are shown. Pearson product-moment correlation coefficient  
485 test was used to test the significance and P value and  $r^2$  value (correlation coefficient)  
486 are indicated in each panel. S: surface glycoprotein; N: nucleocapsid phosphoprotein;  
487 M: membrane glycoprotein.



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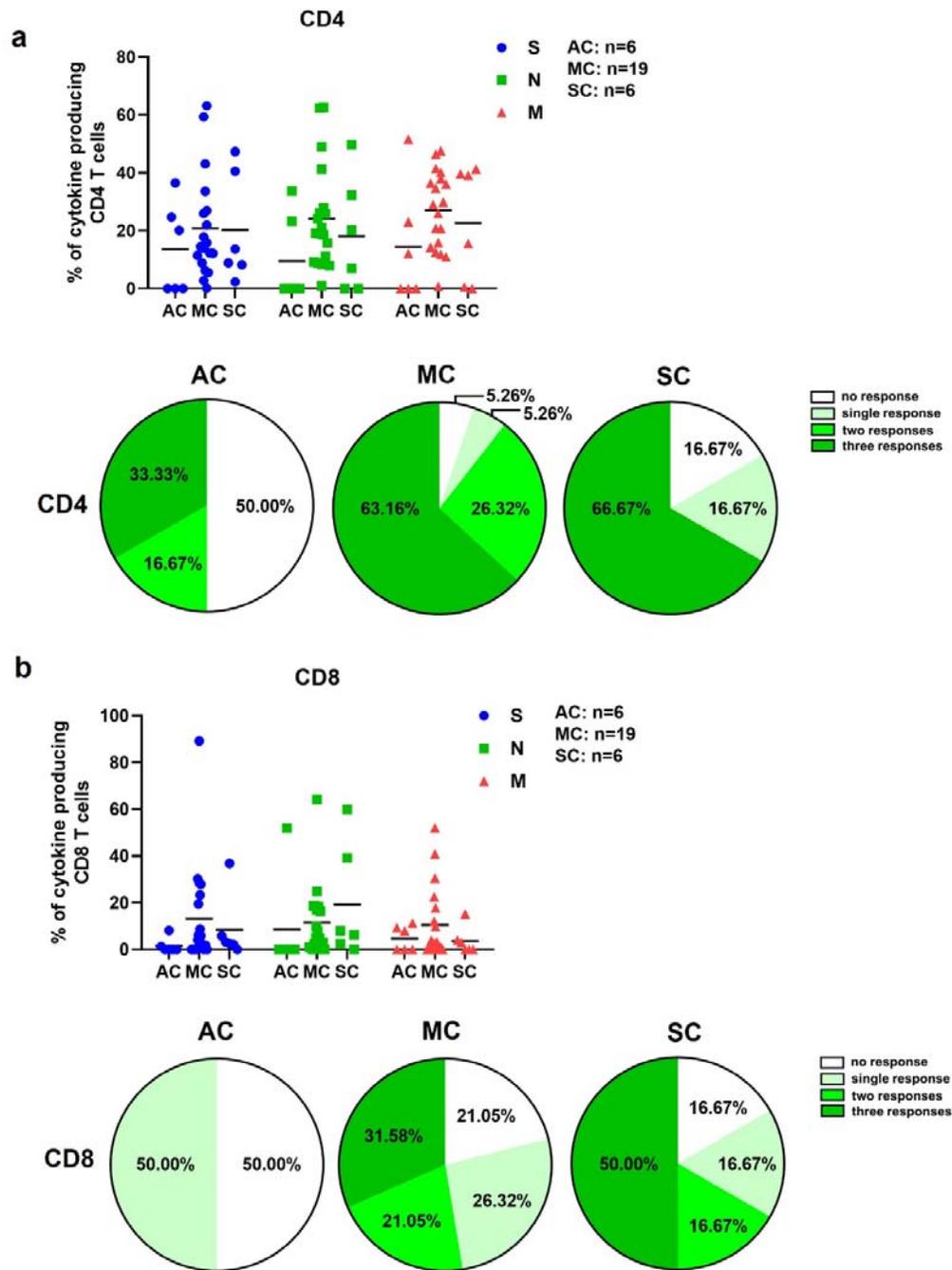
489 **Figure 3. Kinetics of memory T cell responses to SARS-CoV-2 in COVID-19**

490 **convalescent individuals.** PBMCs were longitudinally collected from 4 COVID-19

491 convalescent individuals at indicated time points and were tested for memory T cell

492 responses recognizing SARS-CoV-2 S, N or M by using intracellular cytokine  
493 staining flow cytometry assay. (a) CI-7; (b) CI-10; (c) CI-12; (d) CI-15. S: surface  
494 glycoprotein; N: nucleocapsid phosphoprotein; M: membrane glycoprotein; PC:  
495 positive control stimulation; IFN: interferon; IL: interleukin; TNF: tumor necrosis  
496 factor.  
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499

500 **Figure 4. Loss of SARS-CoV-2 memory CD4 T cell responses is more frequent in**

501 **asymptomatic cases than symptomatic cases.** The magnitude and breadth of

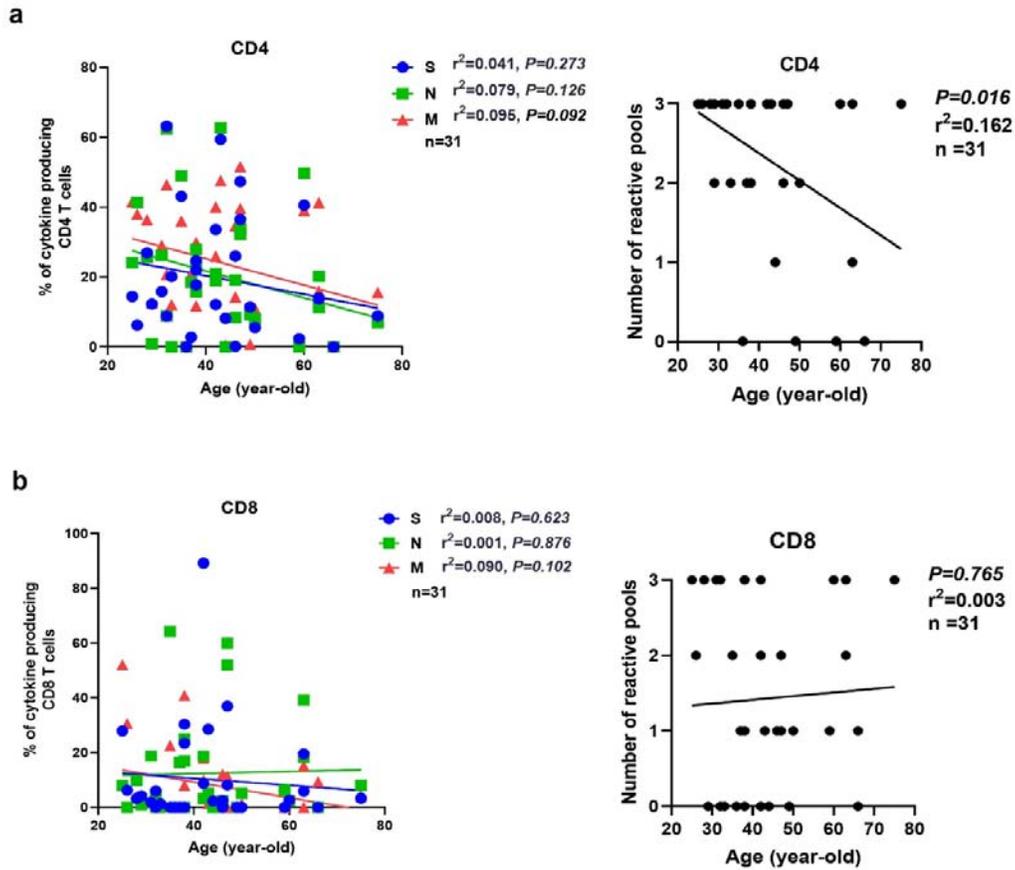
502 memory CD4 (a) and CD8 (b) T cell responses are compared between the

503 asymptomatic (AC, n=6), moderate (MC, n=19) and severe (SC, n=6) cases. S:

504 surface glycoprotein; N: nucleocapsid phosphoprotein; M: membrane glycoprotein.

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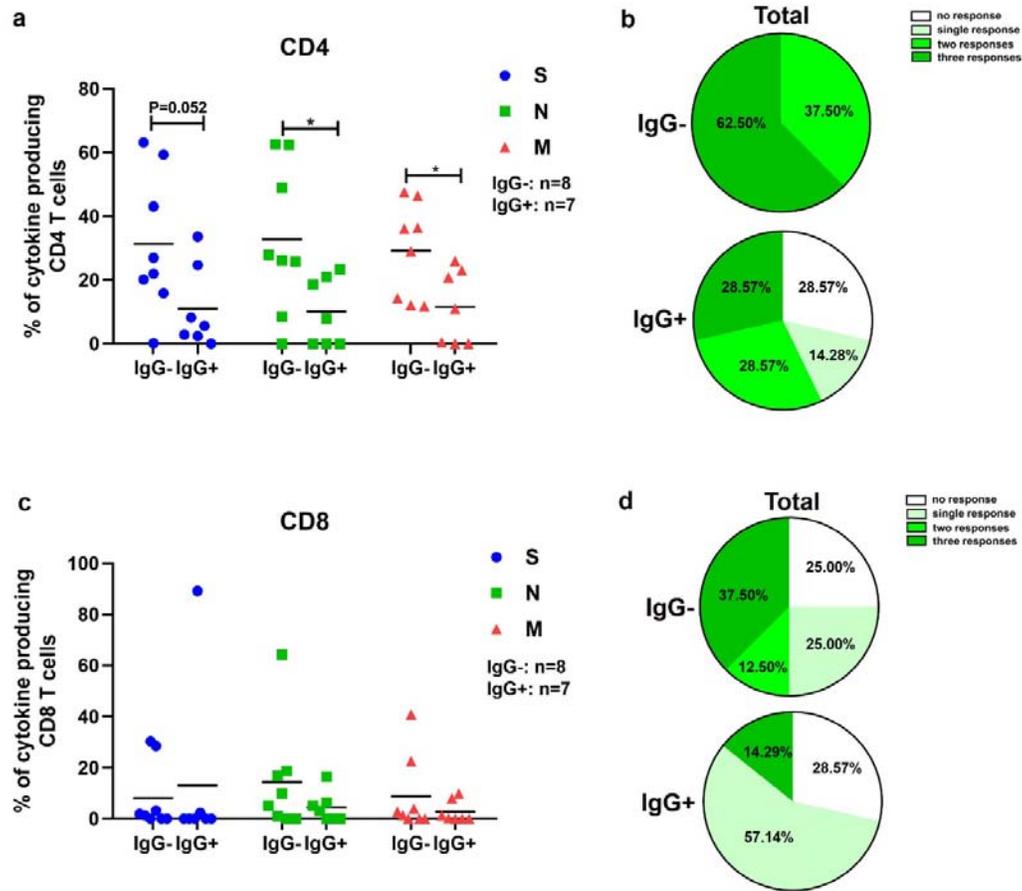
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508 **Figure 5. The breadth of long-term SARS-CoV-2 memory CD4 T cell responses is**  
509 **negatively correlated with the age of COVID-19 convalescent individuals.** The  
510 correlation between the magnitude and breadth of memory CD4 (a) and CD8 (b) T  
511 cell responses specific to S, N and M and age are shown. Pearson product-moment  
512 correlation coefficient test was used to test the significance and P value and  $r^2$  value  
513 (correlation coefficient) are indicated in each panel. S: surface glycoprotein; N:  
514 nucleocapsid phosphoprotein; M: membrane glycoprotein.

515



516

517 **Figure 6. The long-term SARS-CoV-2 memory CD4 T cell responses is robust in**

518 **IgG-seronegative COVID-19 convalescent individuals.** The magnitude (a) and

519 breadth (b) of memory CD4 T cell responses are compared between IgG-seronegative

520 (IgG-, n=8) and IgG-seropositive (IgG+, n=7) CIs. The magnitude (c) and breadth (d)

521 of memory CD8 T cell responses are compared between IgG-seronegative (IgG-, n=8)

522 and IgG-seropositive (IgG+, n=7) CIs. Statistically significant differences are

523 indicated by asterisks (\* < 0.05, Non-parametric Mann-Whitney test). S: surface

524 glycoprotein; N: nucleocapsid phosphoprotein; M: membrane glycoprotein.

525